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རྒྱལ་གཞུང་གི་གཞི་གཞི་ལྷན་ཚོགས།
ROYAL GOVERNMENT OF BHUTAN
ROYAL CIVIL SERVICE COMMISSION
Excellence in Service



RCSC/PPS-6/2024/3143

9 March, 2024

“Civil Service Marathon: Promoting Health, Serving Our Country”



9th March, 2024

In our effort to promote the health and well-being of civil servants and as part of the well-being programme, the Royal Civil Service Commission has organised a marathon for civil servants. It aims to cultivate a healthy lifestyle for a healthy body and mind, both of which are important for being a civil servant. It also provides a platform for networking among the participants.



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The marathon with START and FINISH points at Changlimithang was grouped into three categories as detailed below.

- a) Category 1: 55 years and above: 10 km (men)
- b) Category 2: 54 years and below: 15 km (men)
- c) Category 3: Women: 10 km

The Honourable Health Minister graced the event as the chief guest. World Health Organization Representative, Dr. Bhupindra Kaur Aulakh and other officials also graced the occasion.

A total of 408 civil servants participated in the marathon out of which 176 were women. 21 participants were above the age of 55 years. All participants were presented with a certificate of completion and winners were awarded exciting prizes.

This marathon was organised with financial support from the World Health Organization, Ministry of Health, Bhutan National Bank Ltd, Tashi Beverages, and the National Pension and Provident Fund. Similarly, the Royal Bhutan Police, JDWNRH, Bhutan Olympic Committee, Bhutan Amateur Athletic Federation, Bhutan Football Federation, National Assembly Secretariat, Royal Institute of Management, and Department of Procurement and Properties provided support towards the successful conduct of the marathon.



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